

Artist – Dawn Buckley

'Dawn On You'

Exhibition

22nd September to 30th October 2021



About the Artist

As an artist, Dawn follows her spontaneous embodied intuition, allowing the creative journey to open in front of her through the connections she makes between her inner world and the resources available to her.

She works with a broad range of materials and concepts, maintaining an openness to explore the unexplored within herself as she navigates her journey through life. She nurtures her own curiosity about humanity.

Her artwork tends towards abstraction. She has a particular interest in the metaphysical, the states of consciousness and our intuitive ability as human beings to attribute meaning through all the senses.

Dawn draws on a broad range of inspirations and life experiences; psychology, Eastern and Western philosophy, spirituality, music, poetry, dance, yogic philosophy, meditation, language, sports, comedy and, of course, other artists' painting and sculpture.

In this exhibition, the focus is on the therapeutic benefits of art, particularly in relation to health and well-being and the value of art in a healing capacity. Dawn will be giving a talk on her own journey with creativity, as well as two workshops for children during the exhibition.

Website: www.dawnbuckley.co.uk

Mobile: 07973 826 052

Instagram: Dawn_On_You_

Facebook: @DawnOnYou.DawnOnMe

Email: hello@dawnonyou.com

Artists Statement

"My work is an adventure and exploration of all it means to be human in today's world. My intention is to follow the natural creative flow much like a river winding through nature's landscape. I am often unaware of quite where the creative process will take me but am certain that my creative spirit accompanies me as I experience life's journey. Listening to my deep inner voice keeps me connected with my unique Self. Expressing that 'voice' through my creative work enables me to feel like I am living my most authentic existence.

In the act of creating, I experience moments of realisation, awareness, healing, growth, acceptance, and love. These are my 'Dawn on me' moments that keep my connection strong. Sharing that inner connection outwardly can make me feel vulnerable yet grounded.

By connecting with and expressing my own moments of 'dawning' on this exploration, I hope to encourage, facilitate and inspire others to find their own moments of dawning and maintain their own personal balance of connection to Self and connection with Others.

Do get in touch if you have any question. It is always a joy and a pleasure for me to discuss art with others.

To discuss art is to discuss living."

